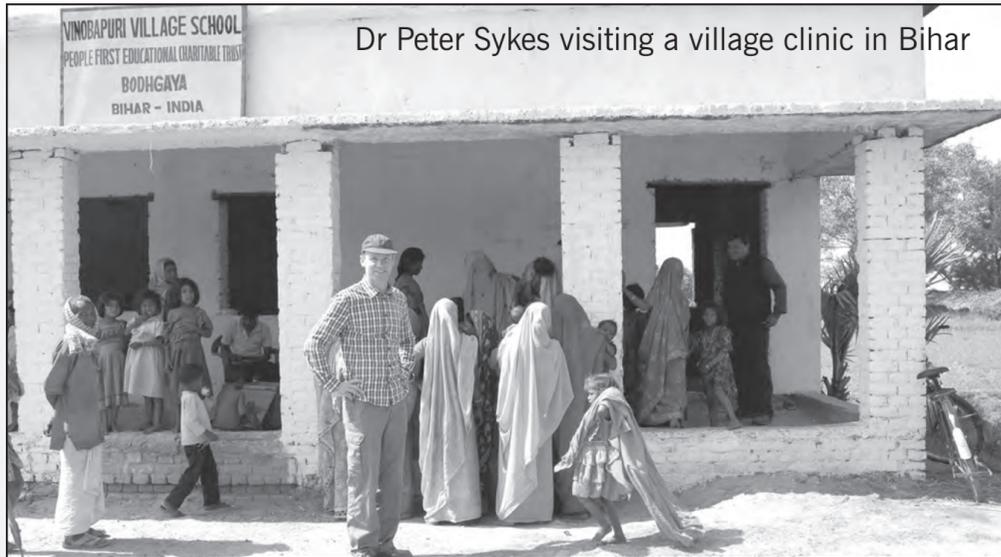




Midwife training in Tigray, Ethiopia



Dr Peter Sykes visiting a village clinic in Bihar



Mother & child, Tigray

## How You Can Help

We are most grateful for all donations. Our work would not be possible without them. Many of our supporters give regularly by Standing Order arrangement and this is particularly helpful with the on-going running costs of our projects. We are able to re-claim tax on all personal donations made by taxpayers and a simple declaration enables us to add a further 28p to each £1 donated. We try to take full advantage of this worthwhile facility. Cheques payable to 'Health for All' please.

Donations can also be made on-line at [www.justgiving.com/hfa/donate](http://www.justgiving.com/hfa/donate) and, if you wish to create your own fundraising page, go to [www.justgiving.com/hfa/raisemoney](http://www.justgiving.com/hfa/raisemoney).

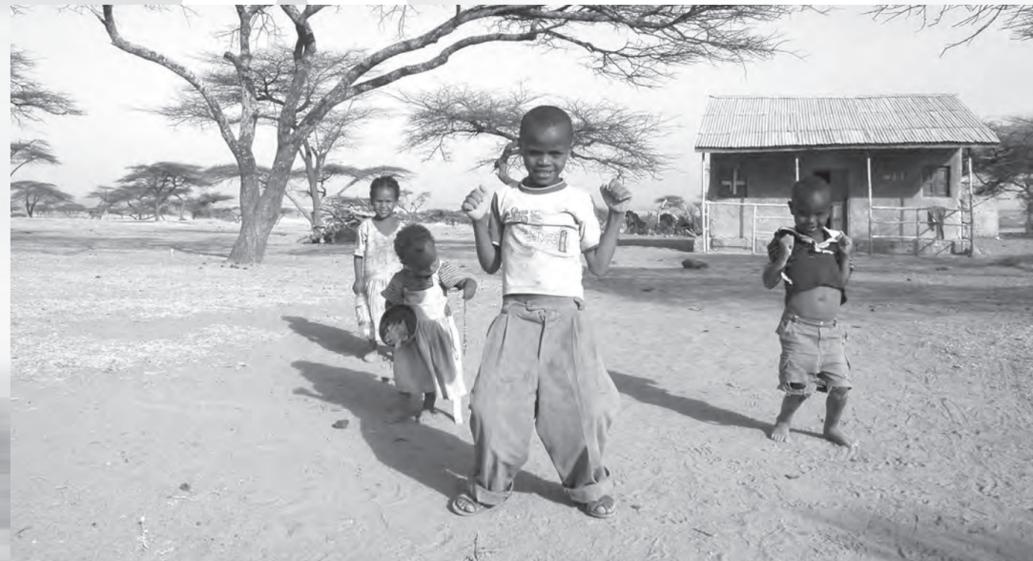
If you wish to specify whether your gift be used in India or Ethiopia, please make this known to us and we will ensure that your donation is used accordingly.

A full copy of our most recent audited accounts can be viewed at [www.charity-commission.gov.uk](http://www.charity-commission.gov.uk).

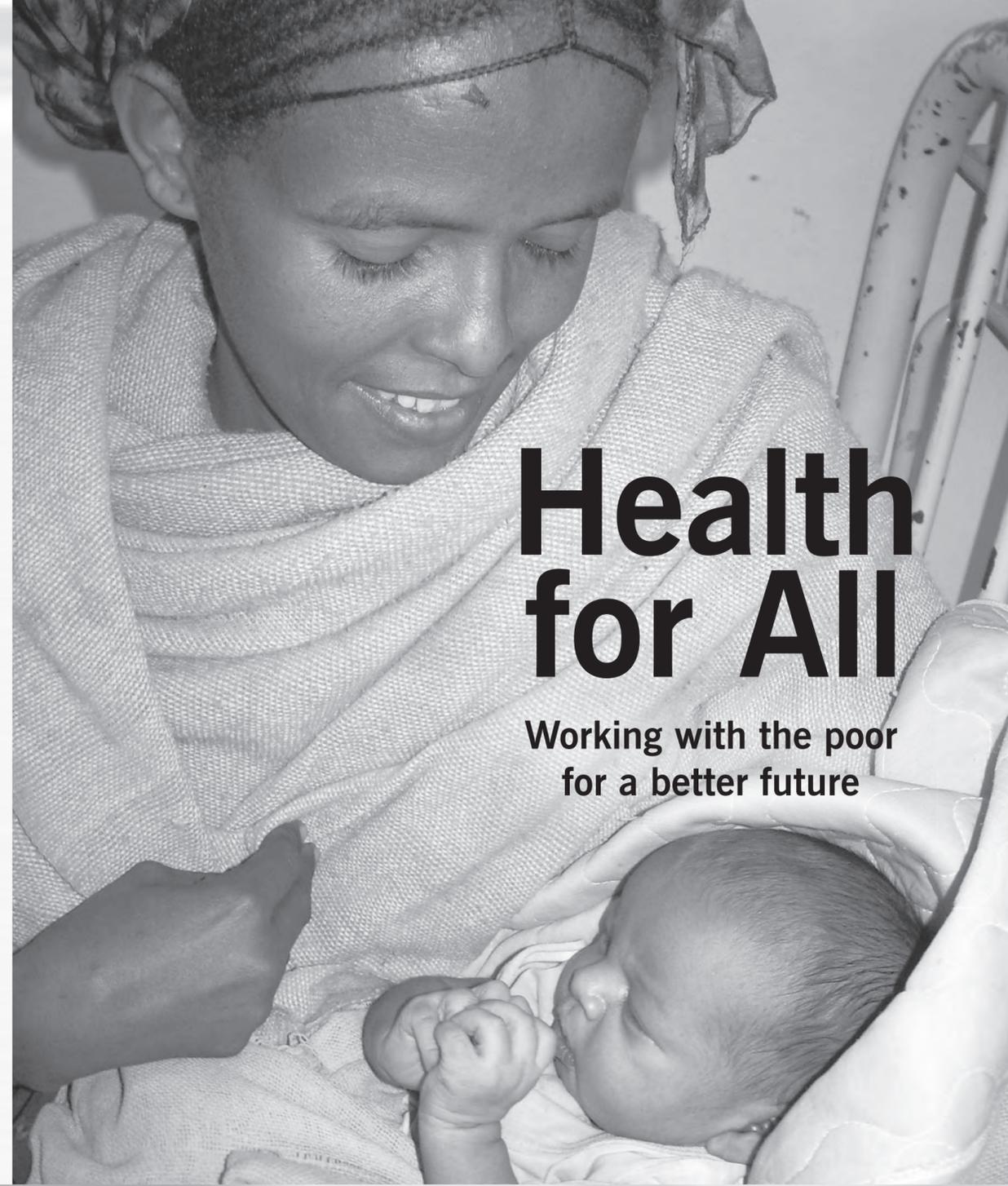
Further details from Sue Blacker or Sharon Ashmore at:

### Health for All

Bridge Health Centre, Patribourne Road, Bridge, Canterbury CT4 5BL  
Tel: 01227 832901 • Email: [info@health-for-all.co.uk](mailto:info@health-for-all.co.uk) • [www.health-for-all.co.uk](http://www.health-for-all.co.uk)



Produced by Hayward Design & Print • 01227 721864 • [www.hayward-design.co.uk](http://www.hayward-design.co.uk)



# Health for All

Working with the poor for a better future

## Annual Report 2008

Registered Charity No.1076913

Earlier this year Dr Rowan Williams, Archbishop of Canterbury, was the guest of honour at a school assembly at Bridge and Patricbourne Primary School. He heard reports of the work that Health for All has continued to carry out in India and the more recent work in Ethiopia.

Archbishop Rowan said to the children, who have helped with support for Health for All for many years, "You have all worked very hard to make things happen and the children in India and Ethiopia would like to say a very big thank-you.

"You are behaving like friends, even though they are people you have never met. I hope this grows and develops and I think that would be wonderful."

The work of Health for All, working in partnership with colleagues and friends in India and Ethiopia, does continue to grow and develop.

It is a pleasure to share with you in this annual report news of this work in the following updates from Peter Sykes, GP at Bridge and Littlebourne, and Nicola Morgan, midwife at East Kent Hospitals Trust.

Our thanks go out to you, as always, for your support that makes all of this possible.

***Dr Mark Jones***

## **Bihar, Feb 2008**

Health For All is a registered British charity that has worked for many years in partnership with People First Educational Charitable Trust in Bihar, one of India's poorest states.



Health for All Clinic, Bihar

People First, now in its sixteenth year, started life providing primary school education where none existed. The organisation has made huge progress over that time and is now involved in many other areas, working alongside communities and project stakeholders.

Health care was virtually non-existent previously. The work of Health For All has gained

momentum and now provides help and support in areas of health prevention and education to twelve villages. Simple and affordable projects such as the sinking of water pumps to provide fresh, clean water have made a huge difference to disease prevention.

As a trustee of Health For All, I first visited the area 6 years ago and was honoured to be involved in the opening of a new health centre in one of the main villages, Kanjiar. From here a fledgling health team started to provide health education and child and maternal welfare clinics in the surrounding villages. From the same centre local Rotary clubs funded a feeding programme for a nearby Dalit village where malnutrition was prevalent.

I returned to Bihar earlier this year to appraise the project work and was hugely impressed with what I saw. The implementation of a model of child health care, the Integrated Management of Neonatal and Childhood Illnesses, in collaboration with UNICEF, has made a real difference and saved many children's lives. Health for All provided the initial training to members of the health team and this model of care is now being used in all twelve villages. Preliminary figures already show a significant fall in infant mortality since its inception a year ago.

There has also been a large increase in the number of women's Micro Credit Self Help Groups in the intervening years, promoting small industry and self-sufficiency within the villages and providing the means for a small income to many families.

My short trip has left a strong impression that Health For All is in good hands and, through recognised models of health care, is able to make a major impact on the lives of some of India's least fortunate.

***Dr Peter Sykes***

## **Successful Ethiopia Visit**

The visit to Ethiopia in February was a great success. The team of four East Kent midwives were equipped with infant resuscitation manikins and sets of neonatal resuscitation equipment to provide training to midwives, nurses and health care workers. The team also took text books, teaching aids and obstetric equipment which were donated to their Ethiopian colleagues.

During the visit the health care team visited the local public hospital, witnessing the difficult conditions in which women are cared for and the extremely challenging staff working conditions.

The main aim, however, was attendance at the health care colleges and health centres in Mekele, Nebelet and Axum where the midwives provided

training on a one to one basis to health care workers. Using demonstration and pictorial guidelines developed by the midwives prior to travelling, and by evaluating the students' learning, 247 workers were trained in the space of a week. Those trained were then issued with certificates of competence. The training provided was very well received and much appreciated. Several resuscitation equipment packs were distributed following the training.

Meetings were held with local midwives and health care workers so that future needs could be identified. The health centre in Nebelet, the project area, has no running water and no electricity. The village has no ambulance and no stretcher. The midwives there have asked the charity to help provide stretchers, an ambulance and, if possible, an electricity generator. The BBC, who had asked if they could follow the progress of the midwives, broadcast a report in March. The midwives have had a very positive response to the report from friends, colleagues and the general public.

Fundraising continues, to purchase further teaching aids with the next objective being for four midwives to travel back to the region this year to carry out training in the prevention and control of post partum haemorrhage and emergency breech delivery. Funds will also purchase wind up headlamp torches and lanterns to assist those working in areas without electricity.

***Nicola Morgan Midwife***



Ethiopia